

FANCY A CHALLENGE? WANT TO HAVE SOME FUN?



THEN TRY AND NAVIGATE YOUR WAY AROUND UNDERHILL, PORTLAND. DT5 1AH

Orienteering is a Sport for All - all abilities and all ages: children, families, groups of friends, wheelchair users, keen walkers, runners and international athletes. Orienteering takes place in parks, forests and around towns and cities.

This leaflet introduces you to orienteering at Underhill, Portland. Discover parts of Portland you may not have visited before! On the back of the orienteering map there is also a map showing some Heritage walks developed by Island Community Action.




There are three length courses, a short (1km & accessible for wheelchairs/pushchairs throughout), medium (3.2km on paths but also grassy tracks on the hillside) and long (4.5km). You always start and finish in Victoria Park and can choose any course you like.

The aim is to navigate around your chosen course from Start to Finish and to visit all the control points on the way in the order given.

What you need:

1. You can download & print the map from this website.
2. A smart phone (or pen and paper) to record your course.
3. Choose one of the three courses available.

How to take part:

1. If you are using a smartphone download the free MapRun app from Google play/Apple App store or from <https://maprunners.weebly.com/> 
2. Go to Victoria Park, Chiswell (DT5 1AH)
Find the start/finish symbol on the map and find your way there! 
3. Open the app; select "Events near me" which locates you by your phone GPS. Choose Portland FYW Dorset Short line, Medium line or Long line. Wait for map & course to download then when ready, press "Go to Start" to begin. Your phone will buzz / beep when you are within 10 metres of the start.
4. Follow the sequence of letter markers on the map (or number sequence on your phone map). Your phone will buzz / beep when you are close to each control. There will also be a small marker confirming the letters. You must do them in the order given. 
5. End the course by returning to the start/finish point to stop the timer!
6. Press Manual upload on the app to record your course & see how you compare to other people.

You can visit many other Permanent Orienteering Courses:

<http://www.wimborne-orienteers.co.uk/d7/node/127#overlay-context=node/127>

<http://www.wessex-oc.org/mapped-areas/permanent-orienteering-courses/>

<https://www.britishorienteering.org.uk/goorienteering>

HAPPY ORIENTEERING!!

Disclaimer: Orienteering at this venue is done entirely at the participants' own risk and on the condition that they have no claim whatsoever against the Wimborne Orienteers, for any loss, damage or injury however suffered or caused. Take care when using the grounds.