



WIMBORNE ORIENTEERS

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TASK DESCRIPTION: ASSISTANT CLUB COACH

Responsible To The Club Management Committee and Club Coach

SKILLS REQUIRED: **The assistant club coach should be able to:**

- Motivate performers and volunteers, and communicate effectively with them
- Make things FUN
- Good time management, use time efficiently and effectively
- Provide structured planning and make best use of time available
- Show an appropriate level of technical knowledge
- Break skills down if appropriate and analyse skills and make improvements
- Make use of appropriate equipment and adapt if necessary
- Provide advice on sports science and lifestyle guidance

JOB PURPOSE:

1. To assist the Club Coach in the planning and delivery of the clubs overall coaching programme.

MAIN DUTIES

1. To assist with the club's junior coaching sessions.
2. To assist in the preparation of coaching sessions beforehand.
3. To work with the Club Coach in the preparation and running of each session.
4. To offer the club feedback on the organisation and degree of success of junior coaching and competitions.