

WIM/WSX Summer League

Results

April – September 2025

Happy New Year! Thank you all for taking part in a fantastic summer league in 2025. 115 orienteers from 16 different clubs ran an estimated 1500 miles. Together that's over two weeks of running! During that time, 130,239 points were accumulated for the leagues.

As a reminder, we ran three leagues:

- Maprun – 6 events run individually throughout the month.
- Physical – 6 events all together with SI timing and usually a pub meal.
- Combined – all scores added together, and the best 8 taken.

Some lovely bedtime reading on the scoring system can be found in **Annex 1**, and all your individual scores and times can be found in **Annex 2**. If you have any corrections or questions, please contact captain@wimborne-orienteers.co.uk.

A massive thank you to all the planners, organisers, mappers and other volunteers, without whom these summer events would not happen. As a token of thanks, you have been awarded **480 points** for each league in which you volunteered.

Agnes Brooke, Ben Mills, Bruno Smith, Cat Edwardes, Eamon Staunton, Harry Stuart, Jon Brooke, Julie Astin, Kath Pike, Keith Henderson, Kirsty Staunton, Mike Kite, Oliver Heckford, Rob Hick, Rob Mills, Robbie Miller, Roger Crickmore, Scott Elford, Tom Alcock

And last but not least, congratulations to all of our winners!

Overall Leaders

Open League				
		Maprun	Physical	Combined
M20-	Junior	Oliver Heckford	Oliver Heckford	Oliver Heckford
M21+	Senior	James Crickmore	James Crickmore	James Crickmore
W20-	Junior	Emma Heckford	Lyra Medlock	Emma Heckford
W21+	Senior	Karen French	Vicky McCreadie	Vicky McCreadie

Age-Graded League				
		Maprun	Physical	Combined
M20-	Junior	Harry Bratcher-Howard	Russell McCreadie	Harry Bratcher-Howard
M21+	Senior	Roger Crickmore	Roger Crickmore	Roger Crickmore
W20-	Junior	Emma Heckford	Emma Heckford	Lyra Medlock
W21+	Senior	Linda Pakuls	Helen Hodge	Karen French

Tom Alcock
captain@wimborne-orienteers.co.uk
 4th January 2026

MAPRUN LEAGUE

Open Maprun League (Junior)

Name	Club	Age Class	Events	Poole Town	Ringwood	Ferndown Forest	Corfe Mullen	Dorchester	Bournemouth Chines	Volunteer	Best 4
Oliver Heckford	WSX	M18	6	494	456	377	377	428	500		1878
Harry Bratcher-Howard	WIM	M18	2				500	500			1000
Emma Heckford	WSX	W16	3	328	266	270					864
Robbie Miller	WSX	W18	1	322						480	802
Russell McCreadie	WIM	M16	3		203	164	210				577

Age-Graded Maprun League (Junior)

Name	Club	Age Class	Events	Poole Town	Ringwood	Ferndown Forest	Corfe Mullen	Dorchester	Bournemouth Chines	Volunteer	Best 4
Oliver Heckford	WSX	M18	6	475	423	366	361	411	412		1721
Harry Bratcher-Howard	WIM	M18	2				500	500			1000
Emma Heckford	WSX	W16	3	295	270	304					869
Robbie Miller	WSX	W18	1	293						480	773
Russell McCreadie	WIM	M16	3		181	162	206				549

Open Maprun League (Senior)

Name	Club	Age Class	Events	Poole Town	Ringwood	Ferndown Forest	Corfe Mullen	Dorchester	Bournemouth Chines	Volunteer	Best 4
James Crickmore	WSX	M21	6	500	500	500	493	493	500		2000
Roger Crickmore	WSX	M60	6	471	411	443	413	428	470		1812
Justin Aspland-Monger	WIM	M45	6	443	430	443	413	420	490		1806
Jason Falconer	WSX	M50	6	460	424	328	391	370	420		1695
Karen French	WIM	W55	5	437	430	385	384	384			1636
Emma Crickmore	WSX	W21	4	431	361		391	440			1623
Scott Efford	WSX	M35	5		373	270	319	377	340	480	1570
Vicky McCreadie	WIM	W40	5	425	354	287	355	377			1511
Ian Sayer	WSX	M70	6	322	348	246	348	355	410		1461
Chris Branford	WIM	M75	6	362	335	320	261	319	420		1437
Tom Alcock	WIM	M21	2	431	475					480	1386
Helen Hodge	WIM	W60	6	379	329	295	283	239	350		1353
Bruno Smith	WSX	M60	2		411				450	480	1341
Alastair Moir	SOC	M70	4	362	329		304	312			1307
L-J Evans	WIM	W45	6	322	297	279	283	261	390		1292
Ian Tait	SARUM	M70	6	339	304	295	304	290	340		1287
Linda Pakuls	WIM	W65	4	368	342	262	283				1255
Laura Wilcox	WSX	W60	4	339	297	262	348				1246
Sheila Gold	WSX	W70	6	339	329	180	246	239	330		1244
Chris Wilson	WIM	M60	6	241	316	107	304	268	340		1228
Mike Christopher	WIM	M70	3	408	411	402					1221
Rebecca Carron	WSX	W50	4	339	329	254	239				1161
Fern Ault	WSX	W40	4	391	278	270	217				1156
Denise Mullins	SARUM	W70	6	253	266	213	283	109	320		1122
Dave Mullins	SARUM	M75	6	287	278	238	254	225	280		1099
Martin Miller	WSX	M50	3	397	335		348				1080
Jim Graham	WIM	M70	6	201	247	246	261	232	290		1044
Lynn Wilson	WIM	W60	6	218	247	197	138	196	280		942
Phil Harvey	WIM	M50	2		373	467					840
Julie Astin	WSX	W70	4	253	272	172		65			762
Christopher Fudge	IND	M35	3	270		180	297				747
Caroline Christopher	WIM	W70	3	259	266	205					730
Martin Cross	WIM	M80	4	190		180	167	174			711
Lynn Branford	WIM	W75	3		215		225	232			672
Nick Heckford	WSX	M55	2	391		189					580
Alan Hooper	WSX	M80	4	201		16	152		200		569
Keith Henderson	WIM	M80	1			41				480	521
Bill Brown	WSX	M85	4	155	165		58	116			494
Gillian Cross	WIM	W80	4	132		148	58	145			483
Nicky Harvey	WIM	W50	2		247	197					444
Trevor Bridle	WIM	M80	2		241	197					438
Madeleine Bridle	WSX	W70	3	190	158	90					438
Kath Pike	WIM	W60	1	322							322
Tina Stratford	WSX	W50	1						300		300
Richard Hill	WSX	M45	1					297			297
Janine Fudge	IND	W40	2			57	217				274
Sarah Fawkes	IND	W50	1		247						247
Duncan Fawkes	IND	M55	1		234						234

Age-Graded Maprun League (Senior)

Name	Club	Age Class	Events	Poole Town	Ringwood	Ferndown Forest	Corfe Mullen	Dorchester	Bournemouth Chines	Volunteer	Best 4
Karen French	WIM	W55	5	480	500	486	482	480			1948
Roger Crickmore	WSX	M60	6	500	425	500	462	479	452		1941
James Crickmore	WSX	M21	6	461	458	457	456	457	388		1833
Chris Branford	WIM	M75	6	413	427	447	369	442	500		1816
Ian Sayer	WSX	M70	6	330	403	315	441	451	447		1742
Justin Aspland-Monger	WIM	M45	6	382	391	443	402	410	410		1665
Linda Pakuls	WIM	W65	4	432	447	380	405				1664
Sheila Gold	WSX	W70	6	412	451	274	370	360	426		1659
Jason Falconer	WSX	M50	6	443	414	345	407	385	376		1649
Helen Hodge	WIM	W60	6	414	401	398	377	320	402		1615
Denise Mullins	SARUM	W70	6	322	382	339	445	199	433		1599
Laura Wilcox	WSX	W60	4	361	372	366	458				1557
Vicky McCreadie	WIM	W40	5	388	345	309	383	407			1523
Ian Tait	SARUM	M70	6	348	352	378	386	368	371		1503
Emma Crickmore	WSX	W21	4	384	334			397	383		1498
Alastair Moir	SOC	M70	4	363	367		371	381			1482
Scott Efford	WSX	M35	5		309	248	293	342	277	480	1424
Mike Christopher	WIM	M70	3	413	458	490					1361
Rebecca Carron	WSX	W50	4	326	364	351	298				1339
Bruno Smith	WSX	M60	2		423				428	480	1331
L-J Evans	WIM	W45	6	288	303	322	319	293	371		1315
Chris Wilson	WIM	M60	6	222	329	123	346	306	333		1314
Dave Mullins	SARUM	M75	6	304	333	314	332	300	315		1294
Jim Graham	WIM	M70	6	206	286	315	331	294	316		1256
Tom Alcock	WIM	M21	2	340	421					480	1241
Lynn Wilson	WIM	W60	6	232	305	262	240	277	317		1161
Fern Ault	WSX	W40	4	337	264	284	225				1110
Julie Astin	WSX	W70	4	338	390	265		100			1093
Caroline Christopher	WIM	W70	3	329	382	339					1050
Lynn Branford	WIM	W75	3		314		360	372			1046
Martin Miller	WSX	M50	3	345	320		359				1024
Martin Cross	WIM	M80	4	217		258	236	246			957
Alan Hooper	WSX	M80	4	241		160	226		306		933
Phil Harvey	WIM	M50	2		352	493					845
Gillian Cross	WIM	W80	4	187		261	101	254			803
Bill Brown	WSX	M85	4	210	251		147	194			802
Keith Henderson	WIM	M80	1			219				480	699
Christopher Fudge	IND	M35	3	199		166	270				635
Trevor Bridle	WIM	M80	2		326	295					621
Madeleine Bridle	WSX	W70	3	238	224	141					603
Nick Heckford	WSX	M55	2	345		204					549
Nicky Harvey	WIM	W50	2		275	233					508
Janine Fudge	IND	W40	2			143	227				370
Kath Pike	WIM	W60	1	347							347
Tina Stratford	WSX	W50	1						317		317
Richard Hill	WSX	M45	1					301			301
Sarah Fawkes	IND	W50	1		258						258
Duncan Fawkes	IND	M55	1		226						226

PHYSICAL LEAGUE

Open Physical League (Junior)

Name	Club	Age Class	Events	Wareham	Poundbury	Blandford	Corfe Castle	Puddletown Forest	Bisborne Close	Volunteer	Best 4
Oliver Heckford	WSX	M18	4	441	493	393			330	480	1807
Russell McCreadie	WIM	M16	4		233	246	249		255		983
Monty Bratcher-Howard	WIM	M16	2				411	185			596
Harry Bratcher-Howard	WIM	M18	1				500				500
Finley Goddard	QO	M16	1		493						493
Lyra Medlock	WSX	W18	1					424			424
Emma Heckford	WSX	W16	1						266		266
Eskarina Medlock	WSX	W16	1					250			250
Elizabeth Balston	SARUM	W16	1						245		245
Oliver Lewis	QO	M18	1					239			239
Zac Wisedale	IND	M12	1					196			196
Elliott Price	QO	M18	1					130			130
Gracie Wall	IND	M10	1				105				105
Tristan McCreadie	WIM	M12	1				86				86
Annabelle Lewis	QO	W18	1					22			22

Age-Graded Physical League (Junior)

Name	Club	Age Class	Events	Wareham	Poundbury	Blandford	Corfe Castle	Puddletown Forest	Bisborne Close	Volunteer	Best 4
Oliver Heckford	WSX	M18	4	434	457	370			312	480	1741
Russell McCreadie	WIM	M16	4		208	236	179		224		847
Monty Bratcher-Howard	WIM	M16	2				401	207			608
Harry Bratcher-Howard	WIM	M18	1				500				500
Lyra Medlock	WSX	W18	1					483			483
Finley Goddard	QO	M16	1		469						469
Emma Heckford	WSX	W16	1						327		327
Eskarina Medlock	WSX	W16	1					283			283
Oliver Lewis	QO	M18	1					282			282
Elizabeth Balston	SARUM	W16	1						269		269
Zac Wisedale	IND	M12	1					201			201
Elliott Price	QO	M18	1					150			150
Annabelle Lewis	QO	W18	1					136			136
Gracie Wall	IND	M10	1				93				93
Tristan McCreadie	WIM	M12	1				76				76

Open Physical League (Senior)

Name	Club	Age Class	Events	Wareham	Poundbury	Blandford	Corfe Castle	Puddletown Forest	Bisborne Close	Volunteer	Best 4
James Crickmore	WSX	M21	6	500	500	500	418	413	447		1947
Roger Crickmore	WSX	M60	5	415	313	426		457	266	480	1778
Jolyon Medlock	WSX	M50	5	441	440		390	424	447		1752
Vicky McCreddie	WIM	W40	5	390	380	418	363		287		1551
Emma Crickmore	WSX	W21	4	373			363	326	362		1424
Chris Wilson	WIM	M60	6	314	300	352	247	315	330		1311
Richard Hill	WSX	M45	6	246	340	352	315	207	277		1284
Justin Aspland-Monger	WIM	M45	3			459	390	337			1186
Rob Hick	WSX	M65	2	356			322			480	1158
Helen Hodge	WIM	W60	4	288	347	328		120			1083
Kath Pike	WIM	W60	2		347			250		480	1077
Chris Branford	WIM	M75	3		367	369			309		1045
Jim Graham	WIM	M70	5	254		303	212	54	255		1024
Jon Brooke	WSX	M55	1						500	480	980
Andrew Snell	SOC	M50	2	441	493						934
Lynn Wilson	WIM	W60	6	246	240	197	199	11	245		930
L-J Evans	WIM	W45	4	297			151	217	255		920
Bohdan Rainczuk	SARUM	M60	3	288		377			223		888
Ian Tait	SARUM	M70	3			377	253	228			858
Nicky Harvey	WIM	W50	3	212	313	320					845
Karen French	WIM	W55	2	398	407						805
Julie Astin	WSX	W70	2	161			151			480	792
Jason Falconer	WSX	M50	2		333	434					767
Scott Efford	WSX	M35	2	364				370			734
Helena Wiles	WSX	W21	2		387		342				729
Martin Cross	WIM	M80	3		240	295		109			644
Linda Pakuls	WIM	W65	2	263	360						623
Trevor Bridle	WIM	M80	3	263		238		109			610
Dave Mullins	SARUM	M75	2			303	274				577
Ian Sayer	WSX	M70	2	288			281				569
Liz Snell	BAOC	W50	2	237	327						564
Lynn Branford	WIM	W75	2		253	287					540
Denise Mullins	SARUM	W70	2			303	212				515
Gillian Cross	WIM	W80	3		207	189		109			505
Ben Chesters	DEVON	M45	1					500			500
Tom Alcock	WIM	M21	1		480						480
Agnes Brooke	WSX	W21	0							480	480
Mike Kite	WIM	M75	0							480	480
Ben Mills	WIM	M21	0							480	480
Rob Mills	WIM	M60	0							480	480
Eamon Staunton	WIM	M65	0							480	480
Kirsty Staunton	WIM	W65	0							480	480
Harry Stuart	WIM	M21	0							480	480
Madeleine Bridle	WSX	W70	3	136		205		130			471
Nicola Brooke	WSX	W55	2					185	266		451
John Oakes	WIM	M50	1						436		436
Gary Sawyer	SARUM	M45	1	390							390
Phil Harvey	WIM	M50	1	390							390
Woo Allen	SN	W60	1						383		383
Peter Suba	WSX	M50	1		380						380
Michelle Spillar	WIM	W45	2			246		130			376
Hannah Mackinnon	WSX	W35	1					370			370
Mark Goddard	QO	M45	1		367						367
Sam Edwards	WIGHTO	M21	1		367						367
Fern Ault	WSX	W40	1			361					361
Alastair Moir	SOC	M70	1			352					352
Carolyn Dent	BOK	W60	1	347							347
Laura Wilcox	WSX	W60	1	331							331
Sue Hands	WIM	W75	1		327						327
Nick Nourse	NWO	M60	1					315			315
Keith Henderson	WIM	M80	1		313						313
Nicholas Jarvis	SO	M21	1						309		309
Robert Karasz	IND	M45	1		300						300
Jean-Luc Portner	OUOC	M21	1					293			293
Sheila Gold	WSX	W70	1	280							280
Rodney White	WIM	M50	1			270					270
Mike Christopher	WIM	M70	1						266		266
Rebecca Carron	WSX	W50	1	263							263
Phil Conway	GO	M60	1					250			250
Andrew Howard	WIM	M50	1					239			239
John Chesters	DEVON	M70	1					228			228
Ian Peirce	SARUM	M80	1						223		223
Marion Bond	SARUM	W60	1			221					221
Doug Greenwood	SOC	M50	1						213		213
Caroline Christopher	WIM	W70	1						213		213
Lee Wisedale	IND	M50	1						196		196
Michaela Rowe	IND	W45	1						196		196
Lisa James	SOC	W55	1						191		191
Rebecca Medlock	WSX	W50	1						185		185
Annika Greenwood	SOC	W50	1							181	181
Rohit Gurung	Sig.	M40	1			180					180
Ruth Chesters	DEVON	W75	1					163			163
Karen Lewis	QO	W55	1					163			163
Serena Sheldrake	WIM	W45	1				151				151
Kate Shaw	SOC	W65	1						138		138
Charlotte Thornton	SARUM	W80	1						138		138
Neil Clegg	DEVON	M65	1					130			130
Tina Stratford	WSX	W50	1					130			130
Robert Norley	SOC	M65	1						117		117
Daniel Wall	IND	M40	1				105				105
Becca Ewing	WIM	W35	1					98			98
Kuldip Virdi	IND	W50	1						85		85
Freda Peirce	SARUM	W80	1						64		64
Tony Hext	QO	M75	1					54			54
Neal Unitt-Jones	IND	M55	1					33			33
David Isaacson	WIM	M60	1						32		32
Tracy Crickmore	WSX	W60	1					11			11

Age-Graded Physical League (Senior)

Age Graded Physical League (Jens. 17)											
Name	Club	Age Class	Events	Wareham	Poundbury	Blandford	Corfe Castle	Puddletown Forest	Bisborne Close	Volunteer	Best 4
Roger Crickmore	WSX	M60	5	467	318	466		500	266	480	1913
James Crickmore	WSX	M21	6	453	444	443	375	385	361		1725
Jolyon Medlock	WSX	M50	5	449	411		391	421	411		1692
Vicky McCreddie	WIM	W40	5	417	368	436	382		287		1603
Helen Hodge	WIM	W60	4	387	420	429		231			1467
Chris Wilson	WIM	M60	6	359	310	393	277	352	346		1450
Emma Crickmore	WSX	W21	4	380			363	324	328		1395
Chris Branford	WIM	M75	3		461	500			391		1352
Jim Graham	WIM	M70	5	334		376	266	68	290		1266
Rob Hick	WSX	M65	2	411			365			480	1256
Richard Hill	WSX	M45	6	257	305	349	308	255	266		1228
Kath Pike	WIM	W60	2		414			323		480	1217
Lynn Wilson	WIM	W60	6	325	287	284	258	66	288		1184
Justin Aspland-Monger	WIM	M45	3			437	375	321			1133
Ian Tait	SARUM	M70	3			468	317	332			1117
L-J Evans	WIM	W45	4	330				187	297	278	1092
Trevor Bridle	WIM	M80	3	392		365		301			1058
Nicky Harvey	WIM	W50	3	285	340	367					992
Jon Brooke	WSX	M55	1						500	480	980
Bohdan Rainczuk	SARUM	M60	3	330		420			228		978
Karen French	WIM	W55	2	500	466						966
Julie Astin	WSX	W70	2	247			227			480	954
Andrew Snell	SOC	M50	2	457	486						943
Martin Cross	WIM	M80	3		308	428		151			887
Linda Pakuls	WIM	W65	2	379	469						848
Gillian Cross	WIM	W80	3		328	322		186			836
Lynn Branford	WIM	W75	2		368	450					818
Denise Mullins	SARUM	W70	2			468	330				798
Jason Falconer	WSX	M50	2		315	442					757
Dave Mullins	SARUM	M75	2			389	354				743
Madeleine Bridle	WSX	W70	3	211		311		198			720
Ian Sayer	WSX	M70	2	367			352				719
Helena Wiles	WSX	W21	2		356		350				706
Scott Efford	WSX	M35	2	347				329			676
Liz Snell	BAOC	W50	2	273	340						613
Nicola Brooke	WSX	W55	2					229	301		530
Sue Hands	WIM	W75	1		500						500
Ben Chesters	DEVON	M45	1					489			489
Agnes Brooke	WSX	W21	0							480	480
Carolyn Dent	BOK	W60	1	480							480
Mike Kite	WIM	M75	0							480	480
Ben Mills	WIM	M21	0							480	480
Rob Mills	WIM	M60	0							480	480
Eamon Staunton	WIM	M65	0							480	480
Kirsty Staunton	WIM	W65	0							480	480
Harry Stuart	WIM	M21	0							480	480
Laura Wilcox	WSX	W60	1	451							451
Woo Allen	SN	W60	1						445		445
Keith Henderson	WIM	M80	1		439						439
John Oakes	WIM	M50	1						425		425
Sheila Gold	WSX	W70	1	422							422
Alastair Moir	SOC	M70	1			421					421
Tom Alcock	WIM	M21	1		412						412
Phil Harvey	WIM	M50	1	411							411
Michelle Spillar	WIM	W45	2			261		139			400
Gary Sawyer	SARUM	M45	1	388							388
Hannah Mackinnon	WSX	W35	1					370			370
Fern Ault	WSX	W40	1			366					366
Ian Peirce	SARUM	M80	1						356		356
Nick Nourse	NWO	M60	1					355			355
Peter Suba	WSX	M50	1		350						350
Phil Conway	GO	M60	1					346			346
Caroline Christopher	WIM	W70	1						331		331
Mark Goddard	QO	M45	1		327						327
Rebecca Carron	WSX	W50	1	324							324
Mike Christopher	WIM	M70	1						315		315
Sam Edwards	WIGHTO	M21	1		300						300
John Chesters	DEVON	M70	1					284			284
Marion Bond	SARUM	W60	1			281					281
Charlotte Thornton	SARUM	W80	1						279		279
Rodney White	WIM	M50	1			273					273
Robert Karasi	IND	M45	1		265						265
Nicholas Jarvis	SO	M21	1						262		262
Jean-Luc Portner	OUCO	M21	1					259			259
Ruth Chesters	DEVON	W75	1					256			256
Tina Stratford	WSX	W50	1					246			246
Andrew Howard	WIM	M50	1					245			245
Doug Greenwood	SOC	M50	1						214		214
Tony Hext	QO	M75	1					212			212
Lisa James	SOC	W55	1						209		209
Michaela Rowe	IND	W45	1					208			208
Rebecca Medlock	WSX	W50	1					207			207
Karen Lewis	QO	W55	1					202			202
Annika Greenwood	SOC	W50	1						202		202
Lee Wisedale	IND	M50	1					194			194
Robert Norley	SOC	M65	1						192		192
Serena Sheldrake	WIM	W45	1				183				183
Kate Shaw	SOC	W65	1						172		172
Rohit Gurung	Sig.	M40	1			165					165
Neil Clegg	DEVON	M65	1					150			150
Neal Unitt-Jones	IND	M55	1					142			142
Becca Ewing	WIM	W35	1					99			99
Kuldip Viridi	IND	W50	1						87		87
Tracy Crickmore	WSX	W60	1					84			84
Daniel Wall	IND	M40	1				72				72
Freda Peirce	SARUM	W80	1						67		67
David Isaacson	WIM	M60	1						39		39

COMBINED LEAGUE

Open Combined League (Junior)

Name	Club	Age Class	Events	Poole Town	Wareham	Ringwood	Poundbury	Fendown Forest	Blandford	Cork Mullin	Cork Castle	Dorchester	Puddletown Forest	Bournemouth Chives	Bilstone Close	Volunteer	Best 8
Oliver Heckford	WSX	M18	10	494	441	456	493	377	393	377		428		500	330	480	3685
Russell McCreadie	WIM	M16	7			203	233	164	246	210	249			255			1560
Harry Bratcher-Howard	WIM	M18	3							500	500	500					1500
Emma Heckford	WSX	W16	4	328		266		270						266			1130
Robbie Miller	WSX	W18	1	322												480	802
Monty Bratcher-Howard	WIM	M16	2							411		185					596
Finley Goddard	QO	M16	1				493										493
Lyra Medlock	WSX	W18	1									424					424
Eskarina Medlock	WSX	W16	1									250					250
Elizabeth Balston	SARUM	W16	1											245			245
Oliver Lewis	QO	M18	1									239					239
Zac Wisedale	IND	M12	1									196					196
Elliott Price	QO	M18	1									130					130
Gracie Wall	IND	M10	1							105							105
Tristan McCreadie	WIM	M12	1							86							86
Annabelle Lewis	QO	W18	1									22					22

Age-Graded Combined League (Junior)

Name	Club	Age Class	Events	Poole Town	Wareham	Ringwood	Poundbury	Fendown Forest	Blandford	Cork Mullin	Cork Castle	Dorchester	Puddletown Forest	Bournemouth Chives	Bilstone Close	Volunteer	Best 8
Oliver Heckford	WSX	M18	10	475	434	423	457	366	370	361		411		412	312	480	3462
Harry Bratcher-Howard	WIM	M18	3							500	500	500					1500
Russell McCreadie	WIM	M16	7			181	208	162	236	206	179					224	1396
Emma Heckford	WSX	W16	4	295		270		304								327	1196
Robbie Miller	WSX	W18	1	293												480	773
Monty Bratcher-Howard	WIM	M16	2							401		207					608
Lyra Medlock	WSX	W18	1									483					483
Finley Goddard	QO	M16	1				469										469
Eskarina Medlock	WSX	W16	1									283					283
Oliver Lewis	QO	M18	1									282					282
Elizabeth Balston	SARUM	W16	1												269		269
Zac Wisedale	IND	M12	1									201					201
Elliott Price	QO	M18	1									150					150
Annabelle Lewis	QO	W18	1									136					136
Gracie Wall	IND	M10	1							93							93
Tristan McCreadie	WIM	M12	1							76							76

Open Combined League (Senior)

Name	Club	Age Class	Events	People Town	Wareham	Ringwood	Poundbury	Fendown Forest	Blindford	Cornwall	Cornwall	Dorchester	Puddingstone	Bournemouth	Bournemouth	Volunteer	Best 8
James Crickmore	WSX	M21	12	500	500	500	500	500	500	493	418	493	413	500	447	3993	
Roger Crickmore	WSX	M60	11	471	415	411	313	443	426	413		428	457	470	266	480	3690
Justin Aspland-Monger	WIM	M45	9	443		430	443	459	413	390	420	337	490			3488	
Jason Falconer	WSX	M50	8	460		424	333	328	434	391	370		420			3160	
Vicky McCreadie	WIM	W40	10	425	390	354	380	287	418	355	363	377		287		3062	
Emma Crickmore	WSX	W21	8	431	373	361					363	391	326	440	362	3047	
Scott Efford	WSX	M35	7		364	373	270		319		377	370	340			2893	
Karen French	WIM	W55	7	437	398	430	407	385		384	384					2825	
Chris Branford	WIM	M75	9	362		335	367	320	369	261	319		420	309		2801	
Helen Hodge	WIM	W60	10	379	288	329	347	295	328	283	239	120	350			2599	
Ian Sayer	WSX	M70	8	322	288	348		246	348	281	355		410			2598	
Chris Wilson	WIM	M60	12	241	314	315	300	107	352	304	247	268	315	340	330	2271	
Ian Tat	SARUM	M70	9	339	304	304		295	377	304	253	290	228	340		2502	
LJ Evans	WIM	W45	10	322	297	297		279		283	151	261	217	390	255	2384	
Jolyon Medlock	WSX	M50	5		441		440				390	424		447		2142	
Dave Mullins	SARUM	M75	8	287		278		238	303	254	274	225		280		2139	
Jim Graham	WIM	M70	11	201	254	247		246	303	261	212	232	54	290	255	2088	
Richard Hill	WSX	M45	7		246		340		352		315	297	207		277	2034	
Denise Mullins	WIM	W70	8	253		266		213	303	283	212	109	320			1959	
Sheila Gold	WSX	W70	7	339	280	329		180		246		239		330		1943	
Linda Pakuls	WIM	W65	6	368	263	342	360	262		283						1878	
Lynn Wilson	WIM	W60	12	218	246	247	240	197	197	138	199	196	11	280	245	1872	
Tom Alcock	WIM	M21	3	431		475	480									1866	
Alastair Moir	SOC	M70	5	362	329			352	304		312					1659	
Laura Wilcox	WSX	M60	5	339	331	297		262		348						1577	
Julie Astin	WSX	W70	6	253	161	272		172			151	65				480	1554
Fern Ault	WSX	W40	5	391		278		270	361	217						1517	
Mike Christopher	WIM	M70	4	408		411		402						266		1487	
Rebecca Carron	WSX	W50	5	339	263	329		254		239						1424	
Kath Pike	WIM	W60	3	322			347						250			480	1399
Martin Cross	WIM	M80	7	190			240	180	295	167		174	109			1355	
Bruno Smith	WSX	M60	2			411							450			480	1341
Nicky Harvey	WIM	W50	5		212	247	313	197	320							1289	
Phil Harvey	WIM	M50	3		390	373		467								1230	
Lynn Branford	WIM	W75	5			215	253		287	225		232				1212	
Rob Hick	WSX	M65	2			356					322					480	1158
Martin Miller	WSX	M50	3	397		335				348						1080	
Trevor Bridle	WIM	M80	5		263	241		197	238			109				1048	
Gillian Cross	WIM	W80	7	132			207	148	189	58		145	109			988	
Jon Brooke	WSX	M55	1												500	480	980
Caroline Christopher	WIM	W70	4	259		266		205							213	943	
Andrew Snell	SOC	M50	2		441		493									934	
Madeline Bridle	WSX	W70	6	190	136	158		90	205			130				909	
Bohdan Ralniczuk	SARUM	M60	3		288				377					223		888	
Keith Henderson	WIM	M80	2				313	41								834	
Christopher Fudge	IND	M35	3	270				180		297						747	
Helena Willes	WSX	W21	2				387				342					729	
Nick Heckford	WSX	M55	2	391				189								580	
Alan Hooper	WSX	M80	4	201				16	152					200		569	
Liz Snell	BAOC	W50	2		237		327									564	
Ben Chesters	DEVON	M45	1												500	500	
Bill Brown	WSX	M85	4	155		165				58		116				494	
Agnes Brooke	WSX	W21	0													480	480
Mike Kite	WIM	M75	0													480	480
Ben Mills	WIM	M21	0													480	480
Rob Mills	WIM	M60	0													480	480
Eamon Staunton	WIM	M65	0													480	480
Kirsty Staunton	WIM	W65	0													480	480
Harry Stuart	WIM	M21	0													480	480
Nicole Brooke	WSX	W55	2									185	266			451	
John Oakes	WIM	M50	1											436		436	
Tina Stratford	WSX	W50	2										130	300		430	
Gary Sawyer	SARUM	M45	1		390											390	
Woo Allen	SN	W60	1													383	
Peter Suba	WSX	M50	1				380									380	
Michelle Spillar	WIM	W45	2					246					130			376	
Hannah Mackinnon	WSX	W35	6			253		328		341		326	370	420		370	
Mark Goddard	QO	M45	1				367									367	
Sam Edwards	WIGHTO	M21	1				367									367	
Carolyn Dent	BOK	W60	1			347										347	
Sue Hands	WIM	W75	1				327									327	
Nick Nourse	NWO	M60	1									315				315	
Nicholas Jarvis	SO	M21	1												309	309	
Robert Karazi	IND	M45	1				300									300	
Jean-Luc Portner	OUOC	M21	1										293			293	
Janine Fudge	IND	W40	2				57			217						274	
Rodney White	WIM	M50	1					270								270	
Phil Conway	GO	M60	1										250			250	
Sarah Fawkes	IND	W50	1			247										247	
Andrew Howard	WIM	M50	2								174	239				239	
Duncan Fawkes	IND	M55	1			234										234	
John Chesters	DEVON	M70	1										228			228	
Ian Peirce	SARUM	M80	1											223		223	
Marion Bond	SARUM	W60	1						221							221	
Doug Greenwood	SOC	M50	1										213			213	
Lee Wisedale	IND	M50	1										196			196	
Michaela Rowe	IND	W45	1										196			196	
Lisa James	WSX	W55	1											191		191	
Rebecca Medlock	WSX	W50	1										185			185	
Annika Greenwood	SOC	W50	1											181		181	
Rohit Gurung	Sig	M40	1					180								180	
Ruth Chesters	DEVON	W75	1										163			163	
Karen Lewis	QO	W55	1										163			163	
Serena Sheldrake	WIM	W45	1						151							151	
Kate Shaw	SOC	W65	1										138			138	
Charlotte Thornton	SARUM	W80	1										138			138	
Neil Clegg	DEVON	M65	1									130				130	
Robert Norley	SOC	M65	1											117		117	
Daniel Wall	IND	M40	1								105					105	
Becca Ewing	WIM	W35	3			146						98	200			98	
Kuldip Viridi	IND	W50	1											85		85	
Freda Peirce	SARUM	W80	1											64		64	
Tony Hext	QO	M75	1									54				54	
Neal Unitt-Jones	IND	M55	1									33				33	
David Isaacson	WIM	M60	1											32		32	
Tracy Crickmore	WSX	W60	2								152	11				11	

Age-Graded Combined League (Senior)

Name	Club	Age Class	Events	People Town	Wareham	Ringwood	Poole/Town	Fendown Forest	Blindfold	Cornk Mullen	Cornk Gable	Dorchester	Puddingstone Forest	Bournemouth Forest	Bournemouth Forest	Number	Best 8
Roger Crickmore	WSX	M60	11	500	467	425	318	500	466	462		479	500	452	266	480	3954
James Crickmore	WSX	M21	12	461	453	458	444	457	443	456	375	457	385	388	361		3629
Chris Branford	WIM	M75	9	413		427	461	447	500	369		442		500	391		3581
Karen French	WIM	W55	7	480	500	500	466	486		482	480						3394
Justin Aspland-Monger	WIM	M45	9	382		391		443	437	402	375	410	321	410			3250
Helen Hodge	WIM	W60	10	414	387	401	420	398	429	377		320	231	402			3258
Jason Falconer	WSX	M50	8	443		414	315	345	442	407		385		376			3127
Vicky McCreadie	WIM	W40	10	388	417	345	368	309	436	383	382	407			287		3126
Ian Sayer	WSX	M70	8	330	367	403		315		441	352	451		447			3106
Ian Tait	SARUM	M70	9	348		352		378	468	386	317	368	332	371			3003
Dennis Mullins	SARUM	M70	8	322		382		339	468	445	330	199		433			2918
Emma Grosvenor	WSX	W21	8	384	380	334					363	397	324	383	328	268	2693
Chris Wilson	WIM	M60	12	222	359	329	310	123	393	346	277	305	352	333	346		2783
Shella Goo	WSX	W70	7	412	422	451		274	370			360		426			2715
Dave Mullins	SARUM	M75	8	304		333		314	389	332	354	300		315			2641
Scott Efford	WSX	M35	7		347	309		248		293		342	329	277		480	2641
Jim Graham	WIM	M70	11	206	334	286	315	376	331	266	294	68	316	290	254		2512
L-I Evans	WIM	W45	10	288	330	303		322		319	187	293	297	371	278		2523
Linda Pakuls	WIM	W65	6	432	379	447	469	380		405							2512
Lynn Wilson	WIM	W60	12	232	325	305	287	262	284	240	258	277	66	317	288		2345
Jonny Medlock	WSX	M50	5		449		411			391		421	411				2083
Julie Astin	WSX	W70	6	338	247	390		265			227	100				480	2047
Richard Hill	WIM	M45	7		257		305		349			308	301	255		266	2041
Laura Wilcox	WSX	W60	5	361	451	372		366		458							2003
Alastair Moir	SOC	M70	5	363		367			421	371		381					1908
Lynn Branford	WIM	W75	5			314	368		450	360		372					1864
Martin Cross	WIM	M80	7	217			308	258	428	236		246	151				1844
Trevor Bridle	WIM	M80	5		392	326		295	365			301					1679
Mike Christopher	WIM	M70	4	413		458		490						315			1676
Rebecca Carron	WSX	W50	5	326	324	364		351		298							1603
Tom Alcock	WIM	M21	3	340		421	412									480	1623
Gillian Cross	WIM	M80	7	187			328	261	322	101		254	186				1630
Kath Pike	WIM	W60	5	347			414						323			480	1564
Nicky Harvey	WIM	W50	5		285	275	340	233	367								1500
Fern Auld	WSX	W40	5	337		264		284	366	225							1476
Caroline Christopher	WIM	W70	4	329	382		339								331		1381
Bruno Smith	WSX	M60	2		423									428			1331
Madeline Bridle	WSX	W70	6	238	211	224		141	311			198					1323
Rob Hick	WIM	M65	2		411						365						1256
Phil Harvey	WSX	M50	3		411	352		493									1256
Keith Henderson	WIM	M80	2				439	219									1138
Martin Miller	WSX	M50	3	345		320				359							1024
Jon Brooke	SARUM	M55	1												500	480	980
Bohdan Ranczuk	SARUM	M60	3		330				420						228		978
Andrew Snell	SOC	M50	2		457		486										933
Alan Hooper	WSX	M80	4	241				160		226				306			941
Bill Brown	WSX	M80	4	210		251			147			194					802
Helewa Wilcox	WSX	W21	2				356				350						706
Christopher Fudge	IND	M35	3	199				166	270								635
Liz Snao	BSAC	W50	2		273		340										613
Tina Stratford	WSX	W50	2										246	317			563
Nick Heckford	WSX	M55	2	345				204									549
Nicola Brooke	WSX	W55	2									229			301		530
Sue Hands	WIM	W75	1				500										500
Ben Chesters	DEVON	M45	1									489					489
Agnes Brooke	WSX	W21	0													480	480
Carolyn Dent	BOK	W60	1		480												480
Mike Kite	WIM	M75	0													480	480
Ben Mills	WIM	M21	0													480	480
Rob Mills	WIM	M60	0													480	480
Eamon Staunton	WIM	M65	0													480	480
Kirsty Staunton	WIM	W65	0													480	480
Harry Stuart	WIM	M21	0													480	480
Woe Allen	SN	W60	1												445		445
John Gales	WIM	M50	1												425		425
Michelle Spillar	WIM	W45	2						261			139					400
Gary Sawyer	SARUM	M45	1		388												388
Janine Fudge	IND	W40	2				143		227								370
Hannah Mackinnon	WSX	W35	6		236		338		348			340	370	368			370
Ian Pearce	SARUM	M80	1												356		356
Nick Nourse	NWO	M60	1									355					355
Peter Suba	WSX	M50	1				350										350
Phil Conway	GO	M60	1									346					346
Mark Goddard	GO	M45	1				327										327
Sam Edwards	WIGHTO	M21	1				300										300
John Chesters	DEVON	M70	1									284					284
Marion Bond	SARUM	W60	1						281								281
Charlotte Thornton	SARUM	W80	1												279		279
Rodney White	WIM	M50	1						273								273
Robert Karasz	IND	M45	1			265											265
Nicholas Jarvis	SO	M21	1												262		262
Jean-Luc Portner	GO	M21	1									259					259
Sarah Fawkes	IND	W50	1		258												258
Ruth Chesters	DEVON	W75	1										256				256
Andrew Howard	WIM	M50	2									177	245				245
Duncan Fawkes	IND	M55	1		226												226
Doug Greenwood	SOC	M50	1												214		214
Tony Hext	GO	M75	1									212					212
Lisa James	SOC	W55	1												209		209
Michaela Rowe	IND	W45	1									208					208
Rebecca Medlock	WSX	W50	1									207					207
Karen Lewis	GO	W55	1									202					202
Annikka Greenwood	SOC	W50	1											202			202
Lee Wisedale	IND	M50	1										194				194
Robert Norley	SOC	M65	1												192		192
Serena Sheldrake	WIM	W45	1							183							183
Kate Shaw	SOC	W65	1												172		172
Rohit Gung	Sig	M40	1						165								165
Neil Clegg	DEVON	M65	1									150					150
Neal Union-Jones	IND	M55	1										142				142
Becca Ewing	WIM	W35	3		152								99				99
Kuldig Viridi	IND	W50	1												87		87
Tracy Crickmore	WSX	W60	2									195	84				84
Daniel Wall	IND	M40	1							72					67		72
Freda Pearce	SARUM	W80	1													67	67
David Isaacson	WIM	M60	1												39		39

		Club Rankings																												
		WIM			WSX			SARUM			IND			SOC			QO			DEVON			BAOC							
		Runs	Points	Median	Runs	Points	Median	Runs	Points	Median	Runs	Points	Median	Runs	Points	Median	Runs	Points	Median	Runs	Points	Median	Runs	Points	Median					
Maprun	Poole Town	16	5,290	344	18	6,334	342	3	974	322	1	199	199	1	363	363														
	Ringwood	18	6,443	349	17	6,095	372	3	1,067	352	2	484	242	1	367	367														
	Ferndown Forest	19	6,235	315	15	4,580	304	3	1,031	339	2	309	155																	
	Corfe Mullen	15	5,057	360	13	4,503	361	3	1,163	386	2	497	249	1	371	371														
	Dorchester	13	4,601	320	11	3,877	385	3	867	300				1	381	381														
	Bournemouth Chines	7	2,649	371	11	4,212	388	3	1,119	371																				
Physical	Wareham	11	4,119	379	14	5,220	396	2	718	359				1	457	457														
	Poundbury	16	6,098	390	8	2,956	353				1	265	265	1	486	486									2	796	398			
	Blandford	15	5,557	376	7	2,747	370	5	2,026	420				1	421	421														
	Corfe Castle	11	3,084	266	8	2,731	358	3	1,001	330	2	165	83																	
	Puddletown Forest	14	2,986	219	14	4,314	304	1	332	332	4	745	198												5	982	202	4	1,179	270
	Bisterne Close	11	3,214	290	9	3,072	327	5	1,199	269	1	87	87	5	989	202														
Stats	Total Runs	166			145			34			15			12			7			4			2							
	Total Points	55,333			50,641			11,497			2,751			3,835			1,778			1,179			613							
	Total Time	6 days 21 h 53 m			6 days 4 h 00 m			1 days 9 h 35 m			0 days 15 h 07 m			0 days 11 h 41 m			0 days 7 h 03 m			0 days 3 h 57 m			0 days 1 h 58 m							
	Average Score	333			349			338			183			320			254			295			307							

ANNEX 1

WIM/WSX Summer League: April – September 2025

Scoring System

There are 12 events total of which 6 are Mapruns and can be done any time during the month; and 6 are Physical which must be done at an organised event with SI timing. All events are score courses, usually with a maximum of 600 points and a max time limit of 60 minutes.

Lateness penalty is **10 pts per full or part minute** over the time limit. e.g. 62:01 = 30 point deduction.

Time bonus for those who score max points is **10 pts per full minute** under the time limit. e.g. 58:30 = 10 point bonus.

Maprun and Physical Leagues

Open Scoring

$$\text{Event Score} = \text{Control Points} \pm \text{Bonus/Penalty}$$

All event scores are then adjusted so that the winner receives 500 points. This is calculated as:

$$\text{Adjusted League Points} = \text{Event Score} \times (500 \div \text{Winning Score})$$

This ensures that a competitor of a consistent standard should expect to receive a similar league score each event regardless of event difficulty (all other things being equal).

Your **best 4 of 6** performances are added together to create your league score. If two competitors have the same final score, the one with the lowest total time is favoured.

Age Graded Scoring

In order that all competitors have a fair chance to win regardless of age, we run a separate age graded league. This uses your age as of **31st December 2025**. A separate formula is used taking into account your **speed ratio** between 0 and 1. This is derived from the UK Athletics Age Grading System, based on a 10 kilometer road race (which is roughly what the events are planned as).

Firstly, your **Points Per Minute (PPM)** is calculated using the following method:

$$\text{Points per Minute (PPM)} = \text{Event Score} \div \text{Adjusted Time}$$

What is adjusted time?

- If you score the **maximum available points**, adjusted time is the same as your raw time. e.g. if you finish in 38:00, your PPM is 38.00.
- If you score **less than** max pts, **and** finish in 60 minutes or less, your adjusted time is 60.00 minutes.
- If you score **less than** max pts, **and** take longer than 60 minutes, your adjusted time is the same as your raw time.

It may sound a bit strange, but this system encourages everyone to fully use the 60 minutes, while penalising

those who go over the time limit!

Your PPM is then divided by your individual speed ratio, which can be found next to your name in the detailed age grading breakdown in [Annex 2](#).

$$\text{Age Graded League Points (unadjusted)} = \text{PPM} \div \text{Speed Ratio}$$

Your **best 4 of 6** performances are added together to create your league score. If two competitors have the same final score, the one with the lowest total time is favoured.

EXAMPLE

- A 50 year old female runner scores 550 points in 58 minutes and 30 seconds, while the winner scores 600 pts and has an AG score of 14.00.
- Her open score is **458.33 pts** ($550 \times 500 \div 600$)
- She did not score the maximum available points, so her adjusted time is **60 minutes**
- Her Points per minute (PPM) is **9.17** ($550 \text{ pts} \div 60.00 \text{ minutes}$)
- Her UKA speed ratio is **0.78765**, so her (unadjusted) event score is **11.64 pts** ($9.17 \div 0.78765$)
- Her final adjusted Age graded score is **416 pts** ($11.64 \times 500 \div 14.00$)

Note: Since date of birth is not provided by Racesignup, I have used where possible data available on the BOF website. Otherwise, your age grading is based on the youngest age in your Age Class (e.g. an M40 is assumed to be 40 years old).

Combined League

The exact same scoring system is used as above, except your **best 8 of 12** performances are added together to create your combined league score. If two competitors have the same final score, the one with the lowest total time is favoured.

WIM/WSX Summer League 2025

Final - 4.1.26