



## West Moors Night League 30<sup>th</sup> October 2023



**Location:** The Tap and Railway, 195 Station Road, West Moors, Ferndown  
Dorset, BH22 0HX

**Parking:** Free parking in the pub car park. If full, parking is available in the community hall car park just north of the pub.

**Entries:** [Racesignup](#) by 25<sup>th</sup> Oct 23. Entries on the night subject to map availability.

**Entry fees:** Senior: £7 Senior SI card hire: £1, Juniors £3 (must be accompanied by an adult), Junior SI card hire: Free.

**Safety:** Hi-viz, backup lighting and whistles are mandatory. Under 16s must be always accompanied by a parent or legal guardian on their course. Competitors are responsible for their own safety at all times and should be aware of fast-moving traffic on the course. If you have a medical condition, please write it on a piece of paper and leave in a sealed envelope with the organiser; uncollected envelopes will be destroyed after the event.

**Start and finish times:** Starts are from 18:30 (or when it gets dark enough) to 19:15. Course closes at 20:15. Help with control collection would be much appreciated.

**Map:** 1:5000 overprinted with control codes and score values.

**Terrain:** 80% of the map is urban and 20% is woodland; it will be easy (and advantageous) to stick to the paths in the woodland meaning road/light trail shoes are suitable. Decent lights recommended!

**Format:** The course is a 60-minute score course with some dumbbell controls using SIAC enabled SI control stations on small O kites. Dumbbell controls are linked and must be dibbed in order to get the points for either control. Either control can be dibbed first but the one linked must be next to be dibbed. If this doesn't happen you will not get the points for either control.

**Course and score information:** You have 60 minutes to go from the start to finish via as many controls as possible. You gain points for each control visited but you lose 10 points per minute – or part minute late back. Points per control may vary from 10 to 50. Bonus points (5 per minute under the hour) are available but ONLY if you manage to visit every control.

**Post-event food:** The pub serves food and is putting extra staff on so please take advantage of the menu.

**Event Officials:** Vicky McCreadie (Planner and Organiser), Chris Branford (Controller), Dick Keighley (Computing)

**Orienteering is an adventure sport.**

**All competitors take part at their own risk** and are responsible for their own safety.