

	<b>Middle distance</b>	<b>Club</b>		<b>Middle distance</b>	<b>Club</b>		<b>Long distance</b>	<b>Club</b>		<b>Long distance</b>	<b>Club</b>
M10	Daniel Wareing	BOK	W10	Chloe Ambler	BOK	M10	Daniel Wareing	BOK	W10	Alice French	WIM
M12	Monty Bratcher-Howard	WIM	W12	Eskarina Medlock	WSX	M12	Monty Bratcher-Howard	WIM	W12	Eskarina Medlock	WSX
M14	Harry Bratcher-Howard	WIM	W14	Grace French	WIM	M14	Harry Bratcher-Howard	WIM	W14	Grace French	WIM
M16	Jonathon Ambler	BOK	W16	Lyra Medlock	WSX	M16	Guy Owen	BOK	W16	Lyra Medlock	WSX
M18			W18	Rebecca Ward	NGOC	M18			W18	Rebecca Ward	NGOC
M20			W20			M20			W20		
M21	Oliver Tonge	BOK	W21	Annabel Pickering	WIM	M21	Oliver Tonge	BOK	W21	Rebecca Ellis	WIM
M35	Simon Evans	KERNO	W35	Fern Ault	WSX	M35	Alan Blanchflower	WSX	W35		
M40	Steve Mallison	WIM	W40	Laura Britton	BOK	M40	Ben Chesters	DEVON	W40		
M45	Tommi Grover	BOK	W45	Rebecca Medlock	WSX	M45	Jolyon Medlock	WSX	W45	Rebecca Medlock	WSX
M50	Richard Sansbury	QO	W50	Karen Crawford	BOK	M50	Peter Ward	NGOC	W50	Rachael Dennis	BOK
M55	Clive Hallett	BOK	W55	Judith Taylor	NGOC	M55	Matthew Owen	BOK	W55	Ginny Hudson	NGOC
M60	Mark Saunders	BOK	W60	Alice Bedwell	BOK	M60	Mark Saunders	BOK	W60	Alice Bedwell	BOK
M65	David Harper	DEVON	W65	Carol Iddles	BOK	M65	Gavin Clegg	WSX	W65	Carol Iddles	BOK
M70	Tom Lillicrap	DEVON	W70	Carol Sands	BOK	M70	David Palmer	BOK	W70	Carol Sands	BOK
M75	Chris Branford	WIM	W75	Charlotte Thornton	SARUM	M75	Tom Mills	NGOC	W75	Sally Thomas	BOK
						M80	Bill Brown	WSX	W80	Freda Peirce	SARUM
						M85	Bill Vigar	QO			