



# FANCY A CHALLENGE? WANT TO HAVE SOME FUN?



## THEN TRY AND NAVIGATE YOUR WAY AROUND UNDERHILL, PORTLAND. DT5 1AH

Orienteering is a Sport for All - all abilities and all ages: children, families, groups of friends, wheelchair users, keen walkers, runners and international athletes. Orienteering takes place in parks, forests and around towns and cities.

This leaflet introduces you to orienteering at Underhill, Portland. Discover parts of Portland you may not have visited before! On the back of the orienteering map there is also a map showing some Heritage walks developed by Island Community Action.

There are three length courses, a short (1.5km & accessible throughout), medium (3.0km) and long (4.3km). You always start and finish in Victoria Park and can choose any course you like.

The aim is to navigate around your chosen course from Start to Finish and to visit all the control points on the way in the order given.

### What you need:

1. You can download the map from Wimborne Orienteers' website: **wimborne-orienteers.co.uk** (look for the Permanent courses tab)
2. A smart phone or pen and paper to record your course.
3. Choose one of the three courses available.

### How to take part:

1. If you are using a smartphone download the free app from: **oriento.uk**
2. Find the start/finish symbol  on the map and find your way there!
3. Scan the start QR code on the start marker to begin. 
4. Follow the sequence of letter markers on the map scanning each QR code for the course you have chosen. You must do them in the order given.
5. Scan the finish QR code to register your time.
6. Upload your results to the app and see how you compare to other people.

You can visit many other Permanent Orienteering Courses:

<http://www.wimborne-orienteers.co.uk/d7/node/127#overlay-context=node/127>

<http://www.wessex-oc.org/mapped-areas/permanent-orienteering-courses/>

<https://www.britishorienteering.org.uk/goorienteering>

## HAPPY ORIENTEERING!!

**Disclaimer:** Orienteering at this venue is done entirely at the participants' own risk and on the condition that they have no claim whatsoever against the Wimborne Orienteers, for any loss, damage or injury however suffered or caused. Take care when using the grounds.