

PlannerMapper's Notes

Full leg cover compulsory - deer and ticks out in strength and some parts are rough when going cross country.

Studded footwear strongly advised

The main ditches are very deep with very steep sides and not advisable that you cross them as you may have great difficulty getting out if you end up in them.

Most marsh sections are fairly dry at present - many small ditches dry and overgrown and difficult to spot and ground growth is heavy going in parts.

Parking close to start/finish opposite 67 Glenwood Road, West Moors BH22 0EW on a section of hard standing and about 60m from start/finish.

Map 1:5000

2 choices for map

A3 portrait that you can either print off as A3 if you have a suitable printer or fit to A4

Otherwise 2 parts A4 landscape top and bottom and tape together

Enjoy your run