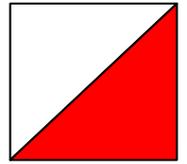




FANCY A CHALLENGE? WANT TO HAVE SOME FUN?



THEN TRY AND NAVIGATE YOUR WAY AROUND LODMOOR COUNTRY PARK, WEYMOUTH. DT4 7SX

Orienteering is a Sport for All - all abilities and all ages: children, families, groups of friends, wheelchair users, keen walkers, runners and international athletes.

Orienteering takes place in parks, urban areas, forests and around towns and cities.

This leaflet introduces you to orienteering at the Lodmoor Country Park. It is just a 15 minute stroll from The Esplanade & through Greenhill Gardens. A flat, park area, with trees & several sport & recreation areas, along with footpaths to wander around. There are 2 free green gyms (1 for adults & 1 for children) & pirate play ship. There are also a host of independent attractions.

The aim of the sport is to navigate around your chosen course from Start to Finish and to visit all the control points on the way.

There are 2 length courses: a short, easier 1km & medium, harder 1.3km. If you want a challenge, see if you can find all 16 controls in any order in the fastest possible time!

What you need:

1. Borrow a map from Lodmoor Pitch & Putt, 5J's cafe, Sea Life Park, The Leisureranch, Sandworld or The Lodmoor Brewers Fayre. You can also download the map from Wimborne Orienteers' website: wimborne-orienteers.co.uk (look for the Permanent courses tab)
2. A smart phone or pen and paper to record your course.
3. Choose one of the three courses available.

How to take part:

1. If you are using a smartphone download the free app from: oriento.uk
2. Find the start/finish symbol  on the map and find your way there!
3. Scan the start QR code on the start marker to begin. 
4. Follow the sequence of letter markers on the map scanning each QR code for the course you have chosen.
5. Scan the finish QR code to register your time.
6. Upload your results to the app and see how you compare to other people.

If you borrowed a map from one of the outlets, please return it for others to use.

(Why not download & keep a map from: wimborne-orienteers.co.uk)



Lodmoor Country Park Orienteering

Go to the start marker and find the welcome information and how to take part

SHORT COURSE - approx. 1km (9 controls)

AK	South Bench
HB	Post
RR	Marker post
HM	Fence
SS	Route Post
HF	Dog
BQ	Fence Link
WA	Inside Ship East End
JK	Post

MEDIUM COURSE - approx. 1.3km (9 controls)

WA	Inside Ship East End
ZD	North Rock
KF	Power Box
UY	Bench
QH	Building Edge
KU	Behind Sign
TW	Fence Corner
WM	Route Post
JK	Post

Score Course - Any Order All 16 controls

You can visit many other Permanent Orienteering Courses:

<http://www.wimborne-orienteers.co.uk/d7/node/127#overlay-context=node/127>

<http://www.wessex-oc.org/mapped-areas/permanent-orienteering-courses/>

<https://www.britishorienteering.org.uk/goorienteering>

HAPPY ORIENTEERING!!

Disclaimer: Orienteering at this venue is done entirely at the participants' own risk and on the condition that they have no claim whatsoever against the Wimborne Orienteering Club, for any loss, damage or injury however suffered or caused. Take care when using the grounds.